

CAPITAL DISTRICT DERMATOLOGY ASSOCIATES  
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POST-OPERATIVE CARE  
INSTRUCTIONS

1. You should start your wound care in 24 hours. Keep your dressing clean and dry until then. Gently cleanse the surgical site with a mild soap and water, rinse and pat the wound dry, then apply a thin layer of (Aquaphor/Vaseline/antibiotic ointment) with clean hands or a cotton tipped applicator. Lastly apply a loose-fitting band-aid or non-stick gauze pad with paper tape each day. Continue wound care until the wound has healed with new pink skin which may take \_\_ weeks or until further treatment of the wound.

SIGNS OF INFECTION

1. Increasing redness spreading around surgery site.
2. Extremely tender to the touch.
3. Fever
4. Excessive drainage-grey, green, or brown pus (not clear drainage) after 24 hours.

If you notice any of these signs, please call the office.

BLEEDING

Highest risk of bleeding is in the first 48 hrs. Avoid any bending over or heavy lifting. If bleeding occurs, apply firm pressure for 10 minutes without letting up. If bleeding persist, call the office, or seek medical attention for excessive bleeding.

All lesions that are removed are sent to a pathology laboratory and you will be notified of the results in approximately one week.

If you have any problems or questions, please feel free to call. Office phone hours are  
Monday-Thursday 9:00 A.M.-3:30 P.M.  
Friday 9:00 A.M.-12:00 P.M.

You can leave a message on our exchange after hours for emergency

FOLLOW UP

\_\_\_\_\_ suture removal \_\_\_\_\_ D \_\_\_\_\_ Wk

\_\_\_\_\_ wound evaluation \_\_\_\_\_ D \_\_\_\_\_ Wk \_\_\_\_\_ Mo